

## Compton Primary School Bullying Policy

At Compton Primary School, student wellbeing is paramount and we are committed to providing a safe and caring environment that fosters respect for others and addresses bullying behaviour. We aim for our school to be a safe and friendly place for all members of the school community.

### What's Bullying?

**Bullying is when these things happen again and again to someone and it is hard for the person being bullied to stop these things from happening:**

#### Exclusion:

Being ignored, left out on purpose, or not allowed to join in

#### Physical:

Being hurt in a physical way such as hit, kicked or pushed around

#### Lies or Rumours:

Untruthful or nasty stories are told or written about someone to make other people not like them

#### Threats:

Being made afraid of getting hurt  
Staring at someone or giving someone mean looks or gestures  
Forcing someone to do things they don't want to

#### Verbal Abuse and Teasing:

Being made fun of and teased in a mean and hurtful way  
Being put down continually  
Talking about people behind their back to make other people not like them

#### Indirect:

Encouraging bullying behaviour by looking on, supporting bully by helping them, gaining enjoyment from situation.

**Bullying is used by a more powerful person to cause fear, distress, and/or harm against a less powerful person unable to stop the bullying from happening.**

### WHO IS INVOLVED IN BULLYING

At Compton Primary School we understand that the key people involved in bullying situations are:

- **Person who bullies** - a person who feels the need to try and show his or her strength over another person
- **Person being bullied** - a person made feel fear or distress and/or is physically or emotionally hurt by a more powerful person or group
- **Bystander** - a person who sees the bullying or knows that it is happening to someone else

At Compton Primary School we define who is involved in a bullying situation by teaching about the roles these people play in preventing, reducing or supporting the bullying.

### BYSTANDERS TO BULLYING

We specifically teach about the different types of Bystanders and encourage students to choose not to get involved in bullying and how they can be proactive in helping to stop it. Bystanders can be grouped in the following categories:

- **Supporters** - support the person bullying, either by helping the person to bully the other person or by encouraging the person bullying
- **Spectators** - gather to watch the incident (sometimes from concern for the person being bullied, sometimes to see what will happen and sometimes for enjoyment)
- **Witnesses** - are aware that the incident is occurring



### ADDRESSING AND UNDERSTAND BULLYING:

At Compton Primary School we aim to:

- Openly teach and talk about bullying behaviour
- Develop skills that build self-esteem and empower individuals to take the responsibility for themselves and give them the opportunity to practise these skills
- Implement our policy that clearly states what actions we will take to deal with bullying behaviour
- Develop a school culture against bullying behaviour and foster a safe, friendly and caring atmosphere
- Provide students with a range of strategies to deal with bullying

### TEACHING STRATEGIES TO DEAL WITH BULLYING

At Compton Primary School we aim to encourage students to deal with bullying by thinking about what is going on?

- What is happening?
- How Do I Feel?
- Is this bullying?
- Is the situation affecting me and my learning?
- Am I in danger?

At Compton Primary School we aim to encourage students to deal with bullying and be supported by thinking, what can I do and who can I talk to?

- Talk to my teacher
- Talk to the teacher on duty
- Try to talk to the person I am having a problem with
- Talk to my family
- Find someone else to play with
- Walk away and ignore the person
- Talk to another trusted person such as a friend or buddy

At Compton Primary School all students will develop a support group made up of people they feel they can trust to talk to or ask for help:

- Our Parents
- Our Class Teacher
- Duty Teacher And School Staff
- A Family Friend
- A School Friend or Buddy
- Someone Else We Trust

At Compton Primary School, we believe that all members of the school community can play an active role in the reduction of bullying.

#### Responsibilities of staff:

- To Model appropriate behaviour at all times
- To deal with all reported and observed incidences of bullying behaviour as set out in this policy
- To ensure that children are supervised at all times
- To report incidences of bullying behaviour to the leadership team where necessary
- To document all reported incidences

#### Responsibilities of children:

- To talk to someone if they are experiencing bullying behaviour or if someone else experiences bullying behaviour
- To help someone who is experiencing bullying behaviour
- To not bully others and demonstrate friendly behaviours

#### Responsibilities of parents:

- To watch for signs that their child may be experiencing bullying behaviour
- To speak to someone on staff at School if their child is experiencing bullying behaviour, or they suspect that this is happening
- To encourage their children to report if they are experiencing bullying behaviour



### REPORTING AND DEALING WITH BULLYING

*Bullying incidents can be reported by students and parents in ways such as email, telephone call, personal conversations, buddy support, written notes.*

*When a bullying incident is reported at Compton Primary School, staff will use the following graded phases.*

#### Phase One:

- Record bullying incident and file
- Students' mediation may be appropriate depending on how the victim feels
- Staff informed and made aware of issue
- Follow up support and action is provided for Victim if required
- Perpetrator warned of further consequences, should victim agree. The victim's right to remain anonymous should be respected if requested. Otherwise Bully observed at this phase

**(Please See Attached Sheet For Proactive Whole School Strategies At This Level)**

#### Phase Two:

- Record repeated incident on proforma
- Child displaying bullying behaviour is removed from the yard or class for immediate exclusion and a specified time at teacher's discretion
- Victim is provided with necessary support
- Inform parents of both parties by note or phone call
- Inform staff of the incident and actions.
- Re-entry procedures for excluded student including: Follow up counselling and anti-bullying tasks, discussions with school counsellor, Principal or class teacher before re-entering yard or classroom

#### Phase Three:

- Record bullying incident on proforma and file in Bullying Record Book
- Child displaying bullying behaviour involved in immediate 'take home' process / parents notified by phone call
- Child displaying bullying behaviour and their family involved in necessary re-entry and counselling procedures
- (Please note that part of this process may involve the child being picked up by parents and removed from yard at recess and lunchtimes)
- Inform staff of incident and actions.
- Further communication, counselling and support for victim and their family

#### Phase Four

- Record bullying incident
- Child displaying bullying behaviour externally suspended and referred to interagency support
- Victim and bully offered further counselling, strategies and interagency support

# Compton Primary School Bullying Policy



**IMPORTANT INFORMATION FOR  
THE WHOLE SCHOOL COMMUNITY**

# Compton Primary School's Friendly Schools and Families Bullying R-7 Curriculum Overview

## Junior Primary Topics:

### UNDERSTANDING BULLYING

Being Friendly  
What is bullying?  
Thinking about how I feel?  
What Can I do if I am being bullied?  
Asking for help.  
What to do if I see bullying?  
How do I deal with bullying?

## Middle Primary Topics:

### UNDERSTANDING BULLYING

What is bullying?  
Who is involved in bullying?  
How does it feel to be bullied?  
What can I do?  
Who can I talk to?  
What will I do?

## Upper Primary Topics

### UNDERSTANDING BULLYING

The truth about bullying  
Types of bullies  
Bystanders to bullying  
Bystander choices

### RESPONDING TO BULLIES

Why do people bully?  
My decision making skills  
Teasing and my body image  
Taking the sting out of teasing



## Phase One Intervention Strategies:

When A bullying incident is brought to the attention of the school staff, the school may choose to implement a range of proactive strategies to decrease the risks of the incident happening again.

### This may include things like:

- Increased supervised yard play
- Strategic seating arrangements
- Structured and strategic playtime activities with a friendly group of students at breaks
- Revisiting bullying curriculum and friendly behaviour expectations
- Revisiting What Can I Do if being bullied ideas
- Have a quiet chat to the bully in regards to noticing some inappropriate behaviours
- Chat to the bully about how they are feeling and if there is anything the staff can do to help?
- Junior Coaches providing an extra set of eyes and ears in the yard

In more extreme cases where the bully is repeatedly continuing to bully another child and/or a victim is deeply effected by the situation the following Interagencies may be required to be involved or families may choose to access local and available resources.

### Interagency Support:

DECS Student Inclusion And Wellbeing Team  
Child And Adolescent Mental Health Services (CAMHS)

### Additional Support Services:

Kid's Helpline  
Parent Helpline  
Centacare  
Parenting SA  
Child and Youth Health Services

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